



Breast Pump and Breast Pump Kit Cleaning Instructions

Home Cleaning

Prior to first use and before first use each day:

- ♥ Wash all parts of your kit and breast pump that come in contact with the skin and milk after each use (except pump and bag or container.) Wash in clean, soapy water and rinse with cold, clear water or wash in dishwasher - breast shield, connectors (to the collecting bottle), collecting bottle, valves, diaphragms, and membranes.
- ♥ Parts can be sanitized, if desired, using these directions.
 - ♦ Place parts in a large pan
 - ♦ Fill pan to within 1 inch of rim with cold water covering all the parts
 - ♦ Cover and boil for 10 minutes
 - ♦ Remove from stove, drain water off and allow parts to cool in open pan. NOTE: Do not set pan back on hot burner
 - ♦ Remove all parts with clean hands, avoid touching the insides of items, and allow to air dry on a clean surface. Cover parts when not in use.

If there is an overflow and milk accidentally gets into the tubing or water droplets are in the tubing:

- ♥ Wash tubing in soapy water, then rinse in cold, clear water.
- ♥ If there are water droplets in the tubing – shake the water droplets out and hang to air dry. For faster drying, attach tubing to the pump and run the pump for 1 – 2 minutes or until dry.
- ♥ If milk accidentally gets on other parts of the pump, wash in soapy water, then rinse in cold, clear water. Do not wash the filter in soapy water. Rinse the filter in warm water without soap.
- ♥ Do not use water on the motor.

Care of Medela Kit Piston Assembly

- ♥ The inside of the cylinder has to be smooth at all times. If a buildup of mineral deposits or a white film is evident inside the cylinder, such buildups must be removed to prevent wear on the rubber seal.
- ♥ To remove the build up, clean the cylinder with lukewarm soapy water or a vinegar and water solution.
- ♥ Rotate the piston in the cylinder every so often to ensure that the rubber seal is worn evenly.
- ♥ Washing the rubber seal and the vacuum regulator ring with warm soapy water will also prolong the life of these parts. Only sanitize these parts when milk is evident on them. Be sure the rubber seal is completely dry before using.